

# THE RETURN OF EMPIRES



## **Tackling Sleep Deprivation as a Youth Health Crisis**

In a world that refuses to slow down, young people are struggling to keep up and, as a result, are slowly burning out. Between academic pressure and social and family expectations, rest often becomes an unfamiliar concept. Being constantly tired has become normal, and exhaustion is no longer an exception but the rule. However, when sleepless nights become a routine, a health crisis is already underway- one that calls for immediate action.

According to medical experts and research, adolescents and young adults need 8-10 hours of sleep per night, as they are undergoing rapid physical and mental development. However, most are likely to sleep no more than 7 or even 6 hours. This gap, undoubtedly,

highlights an epidemic with serious consequences, as according to Wendy Troxel, a licensed clinical psychologist and certified behavioral sleep medicine specialist, only 1 in 10 teenagers gets enough sleep.

### ***The Impact on the Developing Mind***

To begin with, teenagers' brains are still developing, and a major phase of this development happens during sleep. As a result, sleep deprivation can negatively affect brain development, including functions such as reasoning, problem-solving, and good judgment.

The impact of sleep deprivation is also evident in the classroom, where students who are not sufficiently rested often underperform and struggle to acquire information. They

become easily irritable, cannot think straight or concentrate, experience moodiness, low motivation, memory lapses, hallucinations, and sometimes even depression. In addition, according to a recent study published in the National Institutes of Health (NIH, 2023) with over 30,000 high school students, it was found that for each hour of lost sleep, there was a 38% increase in feeling sad or hopeless and a 58% increase in teen suicide attempts.

### ***When Society Works Against Sleep***

A major factor lies in public policy, particularly regarding school start times. In the case of the US, many schools start around 7.30 am or even earlier – despite the fact that experts suggest middle and high schools not start earlier than 8.30 am.

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Additionally, studies have shown that waking up hours before our natural biological clock signals readiness deprives us of the type of sleep most associated with learning, memory, consolidation, and emotional processing. It is therefore not coincidental that when schools shift to later start times, attendance increases and grades are higher.

It is also worth mentioning the concept of “social jet lag” among adolescents. While jet lag is commonly associated with long-distance travel, a similar case can be observed in weekly sleep patterns. There is often a - at least-three-hour difference between school-week and weekend schedules. Considering that jet lag is physically and mentally exhausting, the impact

on adolescents’ well-being of experiencing it every week for 9 months a year should not be underestimated.

However, the issue should not be limited only to early school hours. Teenagers are also losing sleep in the evening due to excessive homework or extreme stress levels. But according to Dr. Allison Baker, a child and adolescent psychiatrist, high school students’ natural time to fall asleep is after 11 pm; thus, we need to adjust the environment rather than expect teenagers to adjust their biology. Moreover, there is a difference in the timing of melatonin release – the hormone responsible for sleep – between teenagers and adults. Teenagers typically release melatonin at around 11 pm, while adults

release it at around 9 pm. Consequently, waking up a teenager at 6 am is the same as waking up an adult at 4 am.

Moreover, beyond the responsibilities of society, teenagers are also contributing to their own sleep deprivation. In particular, screen time can keep them awake, as the light of the screen prevents the brain from producing melatonin.

## ***Long-Term Consequences and the Need for Action***

Alongside its mental health consequences, sleep deprivation can also increase the risk of obesity, heart disease, and type 2 diabetes. Specifically, lack of sleep can disrupt hormones that regulate hunger and appetite and slow down metabolic processes, making teenagers more

vulnerable to weight gain. Regarding heart disease, chronic sleep deprivation increases stress levels and blood pressure, placing long-term strain on the cardiovascular system and contributing to inflammation and other heart-related issues. Last but not least, insufficient sleep affects insulin sensitivity and disrupts glucose regulation, thereby increasing the risk of developing type 2 diabetes.

Taking everything into consideration, sleep deprivation among adolescents has reached alarming levels and can no longer be treated as a secondary concern. Sleep is a fundamental need, especially for individuals who are still developing, and this issue requires immediate attention and action. Beyond its numerous physical and mental health

consequences, chronic lack of sleep often leads teenagers to consume large amounts of caffeine through coffee or energy drinks, or even shots, further compromising their well-being. Therefore, action must be taken, beginning with rethinking school start times and reevaluating academic workload to ensure that learning does not come at the expense of health, while also setting boundaries on screen use and limiting caffeine consumption. Sleep is not a luxury – it is a necessity!



Eirini Antonopoulou

## **Zero Hunger: Can Satellite Technology Outpace Poverty?**

Eradication of world hunger (Zero Hunger) is one of the 17 Sustainable Development Goals (SDGs) set by the United Nations, which are to be achieved by 2030, and aim to maintain “peace and prosperity for people and the planet.” Food insecurity is a term which refers to the state when an individual has run out of food and gone a day or more without eating. In other words, he has most likely experienced hunger. Nowadays, nearly 800 million people around the world do not have enough to eat. Thus, it is no secret that more efficient farming and agricultural methods can help produce more crops to feed more people and generate more income for poor farmers.

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To be more specific, along with traditional ground-based data collection on farmland, satellite imagery and sensors can help farmers monitor the condition of their crops and land in real-time. A satellite is essentially a self-contained communications system capable of receiving signals from Earth and retransmitting them utilizing a transponder, an integrated receiver and transmitter of radio signals. Currently, satellite technology is changing the way farmers manage crops, allowing them to increase yields and reduce costs. Precision agriculture involves using satellite technology to monitor and manage crops. This technology allows farmers to identify areas of their fields that need more attention, such as areas that are low in nutrients or have

higher concentrations of pests. Farmers can create detailed maps of their fields using satellite imagery, which can then be used to optimize crop management. Satellite technology can also be used as a form of monitoring soil moisture, helping farmers determine when to water their crops. This can help them save water and reduce the risk of crop loss due to drought. Additionally, satellite technology can be used to detect changes in crop health, such as disease or pest infestations, which allows farmers to act quickly to avoid further damage and protect their crops' health. Furthermore, it can map agricultural land and crop types, estimate planting areas, estimate product yields, and even detect early signs of drought and floods, creating a useful tool for farmers

when in-depth crop statistics are needed.

On the other hand, however, there are a few drawbacks that limit farmers from utilizing satellite technology. To analyze further, advanced satellite technology, which is needed to provide farmers with highly accurate, reliable, and high-resolution results, comes at an extensive cost. This is a great limiting factor when it comes to the use of satellite technology by farmers, especially small-scale farmers, in Less Economically Developed Countries (LEDCs), which are the most affected by food insecurity. Not only that, but concerns have also been raised regarding the security and privacy of data regarding the use of satellites. Specifically, farmers, particularly those not familiar with advanced technological

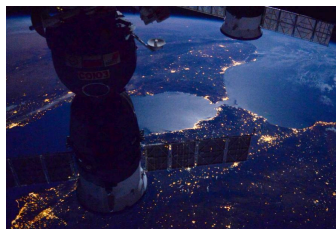
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equipment, are apprehensive about who owns the data collected by the satellites used, and whether or not these can be largely misused, such as for surveillance matters and sensitive crop farm information. Last but not least, small-scale farmers are facing difficulties when it comes to handling and interpreting satellite-derived data, due to a lack of technological expertise in that field, which predominantly requires specialized skills, and limits them to the use of other, less accurate agricultural methods to eradicate food insecurity.

All in all, it is of significant importance to consider that with this type of technology, farmers can be better equipped to make informed land choices that protect their produce. With farmers better informed, using

resources better, and ultimately harvesting more, satellites can play a vital role in ensuring global food security. Therefore, by providing data on land use, water resources, agricultural production, and climate change, satellite technology helps identify areas vulnerable to food insecurity and develop strategies to address them.



Anastasia Couri

## ***Racism: An intentional or unintentional phenomenon?***

We are constantly throughout our lives exposed to the overused term of racism, but have you ever legitimately considered expanding

your knowledge on what racism is and why it is perpetually an issue of great significance? When we speak of racism, we refer to *the belief that certain races possess inherent qualities that make them superior or inferior to others, leading to discrimination and prejudice based on these perceived differences*, according to UNESCO (United Nations Educational, Scientific, and Cultural Organization). It's incontrovertibly pivotal for every individual around the globe to thoroughly comprehend what racism is. Added to that, though, a frequently brought-up question that distresses not only me but also an excessive amount of this article's readers is: what if racism is not always an intentional act, but can it be unintentional?

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First and foremost, we must address in more detail what racism is all about. To be more precise, experts in our day and age acknowledge various forms of racism, but the number isn't exactly definite. Initially, it's crucial to distinguish the differences between Individual and Systemic racism. On the one hand, individual racism is associated with one singular individual's beliefs and behavior concerning racial discrimination. In this instance, individuals who encourage untroubled racism every so often attempt to reinforce the ideologies they stand by, intending to defend themselves. A rather common effect of this type of racism is internalized racism, which urges individuals of a precise ethnic group to refrain from drawing any sort of attention to anything

regarding their cultural identity to prevent being discriminated against and facing self-rejection. As a matter of fact, this requirement of cultural denial is definitely a great source of psychological and broader social issues. On the flip side of the coin, Systemic racism bears upon larger groups of individuals, in other words, entire societies. When life opportunities are coupled with any kind of racial discrimination, they induce systemic racism, while simultaneously generating disturbing and unfair repercussions for innumerable ethnic groups.

Now, we must go back to the actual matter. What if racism is not always an intentional act, but can it be unintentional? Even though this question would work wonders

as food for thought and is fairly perplexing to make up one's mind about the "suitable" response, it's crucial to examine it further. Before anything else, it is essential to make clear the well-known fact that even if racism is intentional or unintentional, indisputably, the effects that come about in all circumstances that involve any racial discrimination are just about the same. Some stress the fact that racism can hardly be unintentional, due to humans' ability to be fully aware of his/her words and expressions, but that is not always a valid prospect. To be more exact, it is said by some that racism can solely be regarded as an intentional act, to criticize presumably another individual's different physical characteristics, in an attempt to gain personal admiration and blend in rapidly. But what if you,

unseeingly, during one of your regular, ordinary conversations, pose a question to fulfill your curiosity, but in actuality, you end up offending your friend? Unintentional racism gains ground in such cases. You had initially no intention to do so, but you questioned your friend: “How come you don't like spicy food?” Their ethnicity is Mexican. These types of questions are identified by science as “microaggressions” or “microinsults”, and they are definitely different from “macroaggressions”. As of today, we can effortlessly observe countless times in which discrimination appears unintentionally. That doesn’t ensure, though, that we should take for granted that it is permanently unintentional, since that is unquestionably vague.

On the whole, our mission should be exclusively to eliminate any sort of racial discrimination and above all to raise awareness for every one of its types and forms. Unity is far more than a state we must preserve temporarily, but endlessly. Nonetheless, as Abraham Lincoln once said, “Those who deny freedom to others, deserve it not for themselves.”



Nefeli Chelaki

### **Fostering Creative Outlets as a Means of Empowering Youth Expression and Well-Being**

The world that we get to grow up in has become very demanding, especially when it comes to young people being

pressured to succeed emotionally, academically, and socially. For those young people who are struggling with this kind of pressure, it is essential to have other creative opportunities, such as art, writing, acting, painting, etc. to help them understand themselves, process their emotions, and find their own pathway to success.

Creativity can be a language of expression. Through any form of art, young people who have experienced trauma, stress, and social marginalization can communicate what they have been through in ways that simply talking wouldn't be able to. Thus, via creativity, they are allowed to express themselves without emotional boundaries and without feeling isolated or judged. Many studies show that being creative promotes

psychological health. That's because it helps reduce stress and improve your mood, especially in a world where depression, anxiety, and emotional exhaustion appear to be everyday problems.

Puberty and youth adulthood hold a critical place in developing our personal identity. For example, in theatre, when you are given a specific role, you get to try and express your character without the fear of doing something wrong, as art has no boundaries.

Through narrating different stories, creativity encourages authenticity. Youth can also work together, not only in play but also during different activities. Group creativity can expand horizons by making people listen to other perspectives and appreciate diverse experiences. The sense of connection usually

tends to reduce the feelings of isolation and promote functional relationships.

Finally, at its core, fostering creativity is an act of empowerment. Young people can use art as a tool that turns freedom into power, and they can find it in every field. THE ART OF THEATRE, THE ARTS OF MUSIC AND DANCING, but also THE ART OF MATHS, THE ART OF SCIENCES and THE ART OF HISTORY. All these, lead to a more holistic perspective and a global approach to every aspect of any situation, and help us reach the ultimate goal being THE ART OF LOVING AND THE ART OF LIVING.

In conclusion, in giving youth the tools to create, we give them the tools to thrive.



Miranda Soukou

## ***From Exploitation to Protection: Labour Rights in the Fight Against Modern Slavery***

Human rights are the foundation of human existence as they function as universal protectors of safety, dignity, equality, and justice. One of the most important human rights is labour rights, as they define the working conditions of the employees, ensure their security, and preserve fairness in the workplace. A huge debate discussed and in our conference is the need to safeguard the labour rights of employees in the atomic energy sector. However, incidents appear in all working

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environments, enhancing the need to sustain and apply these rights immediately.

This is proved by statistics given by the International Labour Organization, suggesting a call for safer and healthier working environments. To be more specific, it is estimated that 2.93 million workers die each year as a result of work-related factors, whereas 395 million workers worldwide sustain a non-fatal work injury each year<sup>1</sup>. On the same note, climate change also affects working environments. It is estimated that 2.41 billion workers are exposed to excessive heat each year, highlighting the need to ensure safety and

health at work and in a changing climate<sup>2</sup>.

Before analysing further, labour rights should be acknowledged. More specifically, rights at work recognised by the EU<sup>3</sup> are the following:

- Health and safety at work
- Equal opportunities for women and men
- Protection against discrimination
- Labour law

These include employees' obligations, work equipment, equal treatment at work, maternity and parental leaves, discrimination based on sex, religion, age, disability, and sexual orientation, and at last fixed-term contracts, working hours, young

employment, and consultation<sup>4</sup>. In this context, several international, governmental, and non-governmental organizations have formed to preserve and promote these rights in order to maintain free and fair employment for all. Some of these organizations are the International Labour Organization (ILO), which is a United Nations agency, the International Labour Rights Forum (ILRF), a non-profit organization, and lastly Anti-slavery International, one of the oldest international human rights organizations that fights against modern-day slavery, including forced labor, and advocates for the rights of workers.

Modern-day slavery can also be defined as

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<sup>1</sup> International Labour Organization. "Safety and Health at Work." *International Labour Organization*, 28 Jan. 2024, [www.ilo.org/topics-and-sectors/safety-and-health-work](http://www.ilo.org/topics-and-sectors/safety-and-health-work).

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<sup>2</sup> International Labour Organization. "Safety and Health at Work." *International Labour Organization*, 28 Jan. 2024, [www.ilo.org/topics-and-sectors/safety-and-health-work](http://www.ilo.org/topics-and-sectors/safety-and-health-work).

<sup>3</sup> European Commission. "Rights at Work." *Employment, Social Affairs and Inclusion*, 16 Oct. 2024, [employment-social-affairs.ec.europa.eu/policies-and-activities/rights-work\\_en](http://employment-social-affairs.ec.europa.eu/policies-and-activities/rights-work_en)

<sup>4</sup> European Commission. "Rights at Work." *Employment, Social Affairs and Inclusion*, 16 Oct. 2024, [employment-social-affairs.ec.europa.eu/policies-and-activities/rights-work\\_en](http://employment-social-affairs.ec.europa.eu/policies-and-activities/rights-work_en).

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human-trafficking, forced labor, sex slavery, forced marriage, and child slavery. Researchers estimate that more than 49 million people are enslaved worldwide, 12.5% are trapped in forced prostitution and sexual exploitation, 37.5% marry by force, and about 12% of forced labor cases are children<sup>5</sup>. “Free the slaves” is another international non-governmental organization that raises awareness about the issue of modern-day slavery, educates people in order to identify and resist it, and ultimately aims to liberate them from slavery and change the conditions that allow slavery to exist. In one of its articles, the organization claims the reasons that enabled the alarming rise of

<sup>5</sup> “Slavery Today Overview.” *Free the Slaves*, [freetheslaves.net/slavery-today-2/](https://freetheslaves.net/slavery-today-2/).

modern slavery, namely the augmenting vulnerable population, migration, corruption, and discrimination<sup>6</sup>.

Having that in mind, it also suggests ways that we can improve the situation and enforce the labour rights mentioned above. To be more specific, possible solutions are:

- Influencing policymakers and advocating for change
- Engaging local communities
- Continuous learning and education

All in all, we understand that any type of violation in the working field, whether incidents or forced labour, can only be overpowered by taking action. Either contributing by educating ourselves and others on these issues or by

<sup>6</sup> “Free the Slaves.” *Freetheslaves.net*, [freetheslaves.net/](https://freetheslaves.net/).

participating in such conferences that prepare us to negotiate differences and enable us to write our own history. Vulnerability may drive people to resort to desperate measures, but it’s our duty to not only form a supporting community towards all its members but also create and sustain these fundamental human rights to protect workers and apply justice.



<sup>7</sup>

Elsa Giannakopoulou

<sup>7</sup> Lumley, Sarah. “2022 Could Be Worst Year so Far for Modern Slavery - with 8,000 Victims in First 6 Months.” *Express.co.uk*, 18 Oct. 2022, [www.express.co.uk/news/uk/1684281/modern-slavery-victims-labour-human-trafficking](https://www.express.co.uk/news/uk/1684281/modern-slavery-victims-labour-human-trafficking). Accessed 6 Mar. 2026.

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## SNEAK A PEEK

### **UNODC-United Nations Office on Drugs and Crimes**

As the press team, we are the ones providing you with insight into the conference, the committees, and, of course, the gossip. In this case, we had the chance to visit UNODC and observe the first part of their debate. More specifically, the first topic was addressed, and a resolution was formed with the subject of Preventing Orphanage Tourism and Illegal Adoptions. The resolution was supported by the two main powers UK and the USA, with the main solution of raising awareness. The objectives were to eradicate legal adoption and child suffering by informing parents and individuals via different ways, including the media. Additionally, other solutions suggested were community workshops and skill-building programs designated to encourage family care and improve family environments. An interesting POI was made by the UK to the USA, questioning how raising awareness would improve the situation. The POI was successfully answered by the delegation of the USA, stating that in this way, individuals will have the opportunity to volunteer or even offer money. In terms of gossip, chairs advise delegates to be more active, except in the UK, Canada is being shipped with the USA, and the delegations have been characterized as a “power couple”, while creativity also finds its way through, as drawings have appeared in gossip. Also, the UK is shipped with Hungary, and Thailand is suggested to be “lowkey” like Latvia. In conclusion, even though the delegates seem to be a bit inactive, the ice has slowly started to break, and thus, there is a promise of effective debating and great resolutions. Stay tuned to explore more about the committees and see what the conference has to unfold!

Elsa Giannakopoulou

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## **GA1- Disarmament and International Security Commission**

Thus, what is going on inside the Disarmament and International Security Commission (GA1)? In sub-commission 1 of GA1, the situation was going crazy while the delegates were debating the issue of “Responding to the Security Risks Posed by the Isolation and Marginalization of States”. The POIs were going off the wall by the delegation of South Korea, who was responding powerfully to the questions of other delegates, and yielding the floor to the delegation of Finland – did we just witness an alliance forming before our eyes? Because the delegate of Finland, who seemed to be extremely locked in, was performing with excellent cooperation, while also nailing her best-dressed outfit during her speech. As if that wasn’t enough, the committee erupted into chaos when the chairs mistook the Republic of Korea for North Korea, causing incredible chaos and numerous points of order from the rest of the participants in the room! At the same time, in sub-commission 2 of GA1, the delegates were debating on the topic of “Responding to the Security Risks Posed by the Isolation and Marginalization of States”. During the first few moments of our PRESS Team walking into the committee, without being aware of what they were going to witness, they were taken aback, along with the rest of the delegates. This was a result of the Nigerian delegate, who was the main submitter, showing extreme confidence and being straight to the point. However, chaos struck the delegates when the delegation of Nigeria moved the attention of the commission to what he characterized as “medieval” strategies! Despite the chaotic situation inside the room, which had delegates, chairs, and guests shocked, the admin staff managed to give a great performance when it came to rushing across the room, delivering amendment sheets, and exchanging notes.

Anastasia Couri

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## EC-Environmental Commission

It's about time we dive deeper into what is happening in this year's 15th PSMUN Environmental Commission. What is actually going on inside the committees, and are they drawing near to finding the most effective solutions to these global issues?

The Environmental Committee has been pressed into service to examine and propose the most suitable solutions to the issue of "Eradicating Eutrophication as a Threat to Aquatic Biodiversity. Indisputably, debating on amendments can be as hard as debating on resolutions. Iraq has proposed an amendment with quite some tension so as to ameliorate clause 4 of the precise resolution, and above all, strengthen and enhance the points which are being taken into account, by providing essential additions, as mentioned by the delegate. As a matter of fact, the rest of the committee was excessively interested in the delegate's speech, and Points of Information were more than simply a handful. That's when a rather fascinating Point of Information arose from the delegate of Kazakhstan questioning how there will be camera installation in areas where trees are in the limelight. Beyond doubt, this question not only confused more than half of the committee, but the delegate also decided to raise a motion to follow up and expand the discussion even more. There is no reason for us to deny our confusion as well...Meanwhile, the delegate of Panama was truly concerned about funding matters, but once again, Iraq found no trouble in responding confidently to each and every question. Now, to the moment we have all waited for: Which are the most fascinating gossips we discovered in this sub-commission's box? First and foremost, Kazakhstan was mentioned in almost all of the gossip regarding the best couples and duos, with the most crucial partners for them being Saudi Arabia, Denmark, and Singapore. Additionally, Chair Diomidis was referred to as "Mafia Boss," and his socks were admired by the delegates on day one. That is certainly just the start of the best gossip of our conference. Don't forget to take a look at tomorrow's newspaper for more gossip!

Nefeli Chelaki

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## EXPOSING THE CHAIRS

What song would you play every time you enter the committee room?

ola gyro sou gyrizoun, sakis rouvas

-Ioanna Maria Ziakka, Security Council, Deputy President

Hotel Room Service by Pitbull

-Maria Artopoulou, President of G20

Sky Fall Adele ( this is the end, hold your breath and count to ten) part

-Alexandra Piperaki, Main Chair of CSTD

Bazooka - Miami XO

-Laoura Vasilaki, Security Council, Deputy President

If someone followed you around for a day, what would shock them?

That I am dangerously honest

- Stavrina Dimopoulou, PBC, co-chair

I consume innumerable amounts of salt. Kidney failure is calling me, but I declined

-Nicolas Tampakis, GA4, Co-Chair

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My anger issues

-Alexandra Piperaki, Main Chair of  
CSTD

My weird food combinations,  
especially that I add yogurt to  
everything

-Laoura Vasilaki, Security Council,  
Deputy President

What's one rule you wish you could invent for a day?

give every man who puts pineapple  
on pizza the death penalty

- Dimitris Anagnostaras, ECOSC,  
Deputy-President

wear deodorant

-Ioanna Maria Ziakka, Security  
Council, Deputy President

Ban sweet coffee

-Andreas Koutroulis, PBC, Deputy  
President

A real-life mute-unmute button

-Athanasios Theodorou, Co-Chair of  
GA1

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## SONGS FOR WHEN A RESOLUTION PASSES



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## GOSSIP OF THE DAY

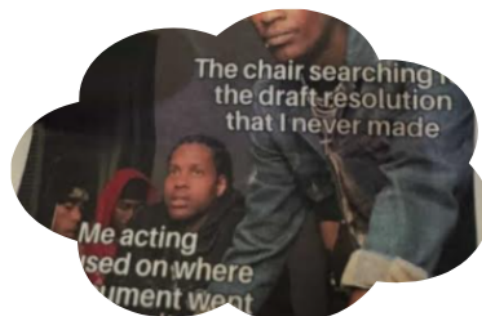
My ex is in GA3 and the girl he cheated on me with is in this committee but pretends that she doesn't know

Almost shot myself 4 times cause I don't understand anything

During lunch we did drugs for an experiment for our committee (UNODC)! Love you all (we are kidding)

Requests Russian Federation to stop writing gossips by means of such as but not limited to:

- a) Banning from the G20
- b) Nucking in means of:
  - i) F16 airplanes
  - ii) Nuclear nukes



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## PSMUN

DAY 2

**B I N G O**

Motion to extend debate	"Distinguished chair..."	Someone asks for the Wi-Fi password	Placard falls	"Could you repeat the question?"
Unmoderated caucus chaos	Someone says "feasible"	Laptop on 1%	Merge is proposed	Chair says "Be concise"
Wrong committee mentioned	Delegate quotes international law		Sponsor vs signatory mix-up	Coffee is mentioned as survival
"In the interest of time..."	Someone whispers during a speech	Resolution gets passed around again	Solo clap starts	Delegate reuses yesterday's speech
Someone loses their notes	Amendment causes confusion	"Honourable delegates"	Speaker goes over time	Someone asks what clause we are on

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## FIND THE WORD

W	V	C	O	N	S	E	N	S	U	S	G	A	V	E	L
A	M	E	N	D	M	E	N	T	F	D	X	Q	Z	R	P
P	U	N	G	A	P	C	O	U	N	C	I	L	Y	E	R
O	N	M	O	D	E	R	A	T	E	D	O	K	L	S	E
S	S	U	E	M	P	L	E	B	T	A	I	R	O	O	A
T	E	T	C	B	O	I	A	B	M	D	L	U	B	L	M
U	C	R	I	S	I	S	A	Y	Y	L	E	E	B	U	B
R	R	Y	U	O	N	U	N	P	A	E	S	T	Y	T	L
E	E	N	P	U	T	U	M	T	R	I	P	I	I	I	E
A	T	E	M	A	O	X	L	F	U	D	E	S	N	O	G
V	A	S	C	V	F	N	S	E	A	I	E	C	G	N	R
A	P	M	E	E	O	R	D	E	R	E	C	O	A	X	A
S	E	G	P	L	R	E	Y	S	O	U	H	R	R	E	P
G	T	C	A	U	C	U	S	K	N	M	L	E	P	T	H
A	L	L	I	E	S	N	T	I	V	E	N	M	A	H	V
S	O	V	E	R	E	I	G	N	T	Y	W	O	R	D	P

Consensus  
Gavel  
Amendment  
MUN  
Moderate  
Council  
Solution

Speech  
Crisis  
PSMUN  
Caucus  
Allies  
Sovereignty

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S	O	V	E	R	E	I	G	N	T	Y	W	O	R	D	P
A	L	L	I	E	S	N	T	I	V	E	N	M	A	H	V
G	T	C	A	U	C	U	S	K	N	M	L	E	P	T	H
S	E	G	P	L	R	E	Y	S	O	U	H	R	R	E	P
A	P	M	E	E	O	R	D	E	R	E	C	O	A	X	A
V	A	S	C	V	F	N	S	E	A	I	E	C	G	N	R
A	T	E	M	A	O	X	L	F	U	D	E	S	N	O	G
E	E	N	P	U	T	U	M	T	R	I	P	I	I	I	E
R	R	Y	U	O	N	U	N	P	A	E	S	T	Y	T	L
U	C	R	I	S	I	S	A	Y	Y	L	E	E	B	U	B
T	E	T	C	B	O	I	A	B	M	D	L	U	B	L	M
S	S	U	E	M	P	L	E	B	T	A	I	R	O	O	A
O	N	M	O	D	E	R	A	T	E	D	O	K	L	S	E
P	U	N	G	A	P	C	O	U	N	C	I	L	Y	E	R
A	M	E	N	D	M	E	N	T	F	D	X	Q	Z	R	P
W	V	C	O	N	S	E	N	S	U	S	G	A	V	E	L

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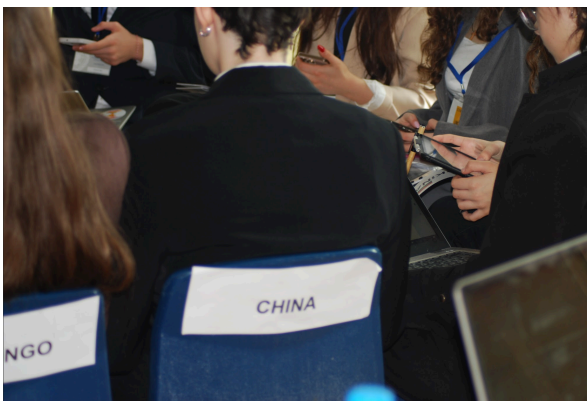
## BEST DRESSED



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## PHOTOS OF THE DAY



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## PHOTOS OF THE DAY



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## PHOTOS OF THE DAY

